

Indicator	Data Source	Definition
Demographics		
Population (percent of total Maine population)	US Census Bureau, American Community Survey Tables DP05 (sex, age, race, and ethnicity), S1501 (education), S2001 (income), S2701 (insurance status).	Percentage of the total Maine population who reside in the specified geographic area (e.g. Maine or a Maine County) or belong to a specific population group.
Veterans	US Census Bureau, American Community Survey Tables S2101 (geography), S2101 (sex), S2101 (race), S2101 (hispanic), S2101(education).	Percentage of civilians age 18 over who are veterans.
Gay, lesbian and bisexual (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who identify as gay, lesbian, or bisexual. Data collected in odd numbered years.
Gay, lesbian and bisexual (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who identify as gay or lesbian, or bisexual. Data collected every year, except 2016.
Transgender youth	Maine Integrated Youth Health Survey	Percentage of high school students who identify as transgender. Data collected in odd numbered years.
Transgender adults	Behavioral Risk Factor Surveillance System	Percentage of adults who identify as transgender or non-binary. Data collected every year beginning in 2017.
Persons with a disability	US Census Bureau, American Community Survey ACS Tables S1810 (geography), B18135 (health insurance), S1810 (sex, race, and age), S1811 (income and education).	Percentage of residents who report having any one of the six disability types: hearing difficulty, vision difficulty, cognitive difficulty, ambulatory difficulty, self-care difficulty, independent living difficulty.
Foreign born	US Census Bureau, American Community Survey	Percent of population born outside of the United States
Limited English Proficiency	US Census Bureau, American Community Survey	Percent of people who speak English "less than very well" by county
Social Drivers of Health		
People living in rural areas	Data, Research and Vital Statistics town-level population file	Percentage of residents in the specified geographic area who live in rural areas, based on non-metropolitan zip codes, as defined by the New England Rural Health Roundtable.
Individuals living in poverty	US Census Bureau, American Community Survey Table S1701.	Percentage of individuals who live in households where the total income of the householder's family is below the established federal poverty level.
Percentage of households living below the federal poverty level	US Census Bureau, American Community Survey	Percentage of households where the total income of the householder's family is below the established federal poverty level.
Children living in poverty	US Census Bureau, Small Area Income and Poverty Estimates	Percentage of children, ages 0-17 years, who live in households where the total income of the householder's family is below the established federal poverty level.

Indicator	Data Source	Definition
Social Drivers of Health (continued)		
School-aged children living below 185% of poverty	Maine Dept. of Education	Percentage of school aged children (ages 5-17 years-old) who live in households where the total income of the householder's family is less than 185% of the established federal poverty level
Households living above the federal poverty level but below the Asset Limited Income Constrained Employed threshold of financial survival	United for ALICE	Percentage of households living above the federal poverty level but below the ALICE (Asset Limited, Income Constrained, Employed) threshold of financial survival. The ALICE Household Survival Budget is the bare minimum cost of household basics necessary to live and work in the current economy. These basic budget items include housing, child care, food, transportation, health care, and technology, plus taxes and a contingency fund (miscellaneous) equal to 10% of the household budget.
Households living above the Asset Limited Income Constrained Employed threshold of financial survival	United for ALICE	Percentage of households living above the ALICE (Asset Limited, Income Constrained, Employed) threshold of financial survival. The ALICE Household Survival Budget is the bare minimum cost of household basics necessary to live and work in the current economy. These basic budget items include housing, child care, food, transportation, health care, and technology, plus taxes and a contingency fund (miscellaneous) equal to 10% of the household budget.
Asset Poverty (insufficient net worth to live without income at or above the poverty level for three months)	Prosperity Now Scorecard	Percentage of households without sufficient net worth to live without income at or above at the poverty level for three months.
Median household income	US Census Bureau, American Community Survey Table S1903.	Dollar amount that divides all households in the specified geographic area into two equal groups: half of the households having more income and the other half having less income. Median income is in the past 12 months in 2020 inflation-adjusted dollars.
Unemployment	US Bureau of Labor Statistics	Percentage of non-institutionalized civilians in the labor force who were not employed. Reported monthly and rates are averaged for the full year.
High school student graduation	Maine Dept. of Education	Percentage of high school students who graduate with a regular diploma four years after starting ninth grade. Graduation rates are determined for students in all public schools and in all private schools that have 60% or more publicly funded students.
Associate's degree or higher among those age 25 and older	US Census Bureau, American Community Survey	Percentage of residents, age 25 and older, who have an associate's degree or higher.
Households that spend more than 50% of income toward housing	US Census Bureau, American Community Survey	Percentage of households that spend 50% or more of their household income on housing.

Indicator	Data Source	Definition
Social Drivers of Health (continued)		
Households receiving emergency rental assistance	MaineHousing Emergency Rental Assistance Program	Number of unique households that utilized the Emergency Rental Assistant (ERA) Program.
Median gross rent	US Census Bureau, American Community Survey	Dollar amount that divides households who rent into two equal groups: half of the households having higher rent and the other half having Lower rent. Values are gross rent: the amount of rent stipulated in a rental lease.
Median housing value	US Census Bureau, American Community Survey	Dollar amount that divides housing properties into two equal groups: half of the properties having higher values and the other half having lower values. A housing property is defined as a house and lot, a mobile home and lot (if lot is owned by the mobile homeowner), or a condominium unit. The value is based on the owner's estimate of how much the property would sell for if it were for sale.
Total housing units	US Census Bureau, American Community Survey	Estimate of the number of housing units.
Housing units that are vacant and either for rent or for sale	MH: Housing Characteristics of the State of Maine, Counties and Towns	Percentage of housing units that are vacant and either for rent or for sale
Housing occupancy	US Census Bureau, American Community Survey	Percentage of housing units that are occupied, including both owners and renters. A housing unit is occupied if a person or group of persons is living in it at the time of the interview or if the occupants are only temporarily absent, as for example, on vacation.
Owner-occupied housing	US Census Bureau, American Community Survey	The percentage of occupied housing units that are occupied by the owner of the unit.
Owner-occupied households without mortgage	US Census Bureau, American Community Survey	Percentage of owner-occupied housing units that do not have a mortgage
Age of housing stock	US Census Bureau, American Community Survey	Percentage of housing units by various ages based on year built.
65+ living alone	US Census Bureau, American Community Survey	Percentage of all people ages 65 years or older who are living alone.
Households with no phone services	US Census Bureau, American Community Survey	Percentage of households that do not have access to any type of phone service, including cell phones, land lines, or other phone devices.
Households with a broadband subscription	US Census Bureau, American Community Survey	Percent of Households with a broad band subscription
Households with a computer	US Census Bureau, American Community Survey	Percent of Households with a computer
Available shelter beds	US Department of Housing and Urban Development	The total number of beds in all shelters the recipient funded with ESG (Emergency Shelter Grant) that were available to program participants during the reporting period (the recipient's program year).

Indicator	Data Source	Definition
Social Drivers of Health (continued)		
Housing insecure (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who report they usually do not sleep in their parent's or guardian's home.
No vehicle for the household	US Census Bureau, American Community Survey	Among workers 16 years and over, the percentage who lived in households without a motor vehicle. Immobile vehicles, motorcycles, and other recreational vehicles are excluded.
Commute of greater than 30 minutes driving alone	US Census Bureau, American Community Survey	Among workers ages 16 and older, the percentage who commute longer than 30 minutes to work in a car, truck or van alone (excludes those that carpool or take public transportation).
Children served in publicly funded state and local preschools	Kids Count	Number of public preschools by county. The number and percent of four-year-old children enrolled in a four-year-old program offered through a school administrative unit. Children must be four years of age by October 15 of the entering school year in order to be eligible for a public preschool program, also known as pre-kindergarten. Data marked as 2022 is for students enrolled as of October 2022.
Head Start eligible infants, toddlers, preschool age children	US Census Bureau, American Community Survey	Number of children under 6 years who live in households where the total income of the householder's family has been below the established federal poverty level. in the past 12 months.
Children served by Child Development Services	Maine Dept. Of Education	Number of infants and toddlers with Individual Family Services Plans (IFSPs) who receive the early intervention services on their IFSPs in a timely manner
Children served by Child Developmental Services Home Visiting	Maine Dept. of Education	Number of children receiving home visits provided by a Child Developmental Services provider.
Children served by Maine Home Visiting	Maine Families Home Visiting/Maine Children's Trust	Number of children served by Maine Home Visiting.
Families served by Maine Home Visiting	Maine Families Home Visiting	Number of families served by Maine Home Visiting.
Child care centers	OCFS Dashboard, Early Childhood Education Data, High Quality Care, Rising Stars program	Number of licensed child care centers (child care centers, nursery schools, or small child care facility, serving 3 or more children in a facility over than the operator's residence, or any program serving any number of children under 5 located in a private school or a program that contracts with one or more Child Development Services Systems sites to provide services for any number of children.
Family child care programs	OCFS Dashboard, Early Childhood Education Data, High Quality Care, Rising Stars program	Number of licensed family child care providers (a person who provides child care in that person's home on a regular basis, for consideration, for 3 to 12 children under 13 years of age who are not the children of the provider or who are not residing in the provider's home.)

Indicator	Data Source	Definition
Social Drivers of Health (continued)		
Head Start teachers hourly wage average	Head Start (via Urban Institute)	Hourly wage (derived from adjusted average annual salaries) for center-based Head Start lead classroom teachers
Head Start teacher assistants hourly wage average	Head Start (via Urban Institute)	Hourly wage (derived from adjusted average annual salaries) for center-based Head Start assistant teachers
Adverse childhood experiences (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who report at least four out of nine adverse childhood experiences.
Children in foster care	DHHS, Children in Foster Care ages 0-17	The rate per 1,000 of children in State custody, based on the county where they lived immediately prior to being placed into State custody.
General Health Status		
Fair or poor health (self-rated)	Behavioral Risk Factor Surveillance System	Percentage of adults who rate their health as fair or poor (vs. excellent, very good or good).
14 or more days lost due to poor physical health	Behavioral Risk Factor Surveillance System	Percentage of adults whose physical health was not good during 14 or more out of the past 30 days.
14 or more days lost due to poor mental health	Behavioral Risk Factor Surveillance System	Percentage of adults whose mental health was not good during 14 or more out of the past 30 days.
Three or more chronic conditions	Behavioral Risk Factor Surveillance System	Percentage of adults who have been diagnosed with three or more chronic health conditions (chronic conditions in skin cancer, other types of cancer, cardiovascular disease [such as stroke], coronary heart disease [such as heart attack], arthritis, COPD and asthma, obesity, and chronic kidney disease. Hypertension and high cholesterol are not included in this definition, because data on these conditions are collected biennially whereas the other conditions are collected annually.
Overall Mortality		
Life expectancy	National Center for Health Statistics, US CDC	Life expectancy at birth
Overall death rate per 100,000 population	Maine CDC, Data, Research, and Vital Statistics.	Rate per 100,000 people of deaths from any cause.
Rate of years of potential life lost per 100,000 population	County Health Rankings	Rate per 100,000 people of the total number of years lost before the age of 75. YPLL is calculated by subtracting the age at which a person died from 75. The difference in years (of potential life lost) for all those who died before age 75 is added together.

Indicator	Data Source	Definition
Access		
Uninsured	US Census Bureau, American Community Survey Table S2701.	Percentage of people who do not currently have any form of health insurance (either individually purchased, provided through their employer, or provided through the government).
MaineCare enrollment (all ages)	MaineCare	Percentage of individuals, of all ages, who were participating in MaineCare. Figures exclude individuals who were nonresidents or who were out of state.
MaineCare enrollment (ages 0-19)	MaineCare	Percentage of children, ages 0-19 years, who were participating in MaineCare. Figures exclude individuals who were nonresidents or who were out of state.
Ratio of population to primary care physicians	Health Resources and Services Administration	Ratio of population to practicing primary care physicians.
Usual primary care provider (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who have at least one person they think of as their personal doctor or healthcare provider.
Primary care visit to any primary care provider in the past year	Behavioral Risk Factor Surveillance System	Percentage of adults who had a regular physical exam (not for a specific injury, illness, or condition) within the last 12 months.
Child preventative visits	National Survey on Children's Health	Percentage of children age 0-17 years who had one or more preventive care visits during the past 12 months. A preventive check-up is when this child was not sick or injured, such as an annual or sports physical, or well-child visit.
Cost barriers to health care	Behavioral Risk Factor Surveillance System	Percentage of adults reporting that there was a time during the last 12 months when they needed to see a doctor but could not because of the cost.
Health Care Quality		
Ambulatory care-sensitive condition hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data	Rate per 10,000 people of hospitalizations with a principal diagnosis of an ambulatory care-sensitive condition. Ambulatory care-sensitive conditions (ACSCs) are conditions for which good outpatient care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease.
Ambulatory care-sensitive condition emergency department rate per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 people of emergency department discharges with a principal diagnosis of an ambulatory care-sensitive condition. Ambulatory care-sensitive conditions (ACSCs) are conditions for which good outpatient care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease.

Indicator	Data Source	Definition
Cancer		
All cancer deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths from any type of cancer.
Colorectal cancer deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths from colon or rectum cancers.
Female breast cancer deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 females of deaths from breast cancer.
Lung cancer deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths from lung or bronchus cancers.
Prostate cancer deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 males of deaths from prostate cancer.
Tobacco-related cancer deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths from tobacco-related cancers, excluding lung and bronchus cancers.
All cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of any type of cancer.
Bladder cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of bladder cancer.
Colorectal cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of colon or rectum cancers.
Female breast cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 females of new cases of breast cancer.
Lung cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of lung or bronchus cancers.
Melanoma skin cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of melanoma of the skin.
Prostate cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 males of new cases of prostate cancer.
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of tobacco-related cancers, excluding lung and bronchus cancers.
HPV-associated cancer new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of Human Papillomavirus (HPV)-associated Cancers

Indicator	Data Source	Definition
Cancer (continued)		
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of obesity-associated cancers, excluding colon and rectal cancers.
Alcohol-associated new cancer cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of alcohol-associated cancers (lip, oral cavity, pharynx; esophagus; colon and rectum; liver; larynx; and female breast)
Colorectal late-stage new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of colon or rectum cancers diagnosed after the cancer has spread beyond the local site.
Female breast cancer late-stage new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 females of new cases of breast cancer diagnosed after the cancer has spread beyond the local site.
Lung cancer late-stage new cases per 100,000 population	Maine Cancer Registry	Rate per 100,000 people of new cases of lung or bronchus cancers diagnosed after the cancer has spread beyond the local site.
Breast cancer screening up-to-date	Behavioral Risk Factor Surveillance System	Percentage of females, ages 50-74 years of age, who had a mammogram within the past 2 years. Data collected in even numbered years.
Cervical cancer screening up-to-date	Behavioral Risk Factor Surveillance System	Percentage of females, ages 21 to 65 years, with an intact cervix, who have had a pap smear within the past three years. Data collected in even numbered years.
Colorectal cancer screening up-to-date	Behavioral Risk Factor Surveillance System	Percentage of adults ages 50-75 years who met 2021 U.S. Preventive Screening Task Force (USPSTF) colorectal cancer screening guidelines. Data collected in even numbered years. 2020 and later data cannot be directly compared to earlier data for this measure due to questionnaire and screening guideline changes.
Lung cancer screening rate among eligible adults	Behavioral Risk Factor Surveillance System	Percentage of adults who received a computed tomography (CT) scan to check for lung cancer, reported among smokers aged 55–80 who had a ≥30 pack-year smoking history and who currently smoke or quit <15 years ago who met 2013 U.S. Preventive Services Task Force (USPSTF) lung cancer screening criteria. ♦ BRFSS state-added module introduced in 2017.

Indicator	Data Source	Definition
Cardiovascular Disease		
Cardiovascular disease deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths with cardiovascular disease as an underlying cause of death.
Coronary heart disease deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths with coronary heart disease as an underlying cause of death.
Heart attack deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths with heart attack as an underlying cause of death.
Stroke deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths with stroke as an underlying cause of death.
High blood pressure hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of hypertension.
Heart failure hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of heart failure.
Heart attack hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of a heart attack.
Stroke hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of stroke.
High blood pressure	Behavioral Risk Factor Surveillance System	Percentage of adults who have ever been told by a healthcare provider that they have high blood pressure. Data collected in odd numbered years.
High cholesterol	Behavioral Risk Factor Surveillance System	Percentage of adults who have been told by a healthcare provider that their blood cholesterol is high, among those who have ever had their cholesterol checked. Data collected in odd numbered years.
Cholesterol checked in past five years	Behavioral Risk Factor Surveillance System	Percentage of adults who had their blood cholesterol checked within the past 5 years. Data collected in odd numbered years.
Diabetes		
Diabetes	Behavioral Risk Factor Surveillance System	Percentage of adults that have ever been told by a doctor or healthcare provider that they have diabetes, excluding diabetes during pregnancy.
Diabetes deaths (underlying cause) per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths with diabetes as an underlying cause of death.
Diabetes hospitalizations (principal diagnosis) per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of diabetes.

Indicator	Data Source	Definition
Diabetes (continued)		
Diabetes emergency department rate (principal diagnosis) per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 people of emergency department discharges with a principal diagnosis of diabetes.
A1c test at least twice/year (adults with diabetes)	Behavioral Risk Factor Surveillance System	Percentage of Maine adults with diabetes who had an HbA1c test at least twice within the past 12 months.
Formal diabetes education (adults with diabetes)	Behavioral Risk Factor Surveillance System	Percentage of Maine adults with diabetes who have taken a diabetes self-management (DSME) course to manage their diabetes.
Dilated eye exam annually (adults with diabetes)	Behavioral Risk Factor Surveillance System	Percentage of Maine adults with diabetes who had a dilated eye exam within the past year.
Respiratory Health		
Current asthma (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who have been told by a healthcare provider that they had asthma and who still have asthma.
Current asthma (youth ages 0-17)	Behavioral Risk Factor Surveillance System	Percentage of children ages 0-17 years who have been diagnosed with asthma and still have asthma.
Chronic obstructive pulmonary disease (COPD)	Behavioral Risk Factor Surveillance System	Percentage of adults who have ever been told by a healthcare provider that they have chronic obstructive pulmonary disease (COPD), emphysema, or chronic bronchitis.
Chronic lower respiratory disease deaths per 100,000 population	Maine Center for Disease Control and Prevention, Data, Research, and Vital Statistics.	Rate per 100,000 people of deaths due to chronic lower respiratory disease.
Asthma emergency department rate per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 people of emergency department discharges with a principal diagnosis of asthma.
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of chronic obstructive pulmonary disease (COPD).
Pneumonia hospitalizations per 10,000 population	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 people of hospital discharges with a principal diagnosis of pneumonia.

Indicator	Data Source	Definition
Physical Activity, Nutrition and Weight		
Obesity (adults)	Behavioral Risk Factor Surveillance System	Percentage of Maine adults with a body mass index (BMI) ≥ 30.0 kg/m ² , based on self-reported height and weight.
Obesity (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Obesity (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Overweight (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults with a Body Mass Index between 25.0 and 29.9 kg/m ² , based on self-reported height and weight.
Overweight (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who were overweight (at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Overweight (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who were overweight (at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex). Data collected in odd numbered years.
Sedentary lifestyle – no leisure-time physical activity in past month (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who did not participate in any physical activities or exercises during the past month, other than during their regular job.
Met aerobic physical activity recommendations (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who reported doing enough physical activity to meet the aerobic recommendations. Data collected in odd numbered years.
Met physical activity recommendations (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who were physically active for a total of at least 60 minutes per day on seven of the past seven days. Data collected in odd numbered years.
Met physical activity recommendations (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who were physically active for a total of at least 60 minutes per day on seven of the past seven days. Data collected in odd numbered years.
Fewer than two hours combined screen time (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students watching two or fewer hours of combined screen time (including television, video games, and computers) per day on an average school day. Data collected in odd numbered years.
Fewer than two hours combined screen time (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students watching two or fewer hours of combined screen time (including television, video games, and computers) per day on an average school day. Data collected in odd numbered years.

Indicator	Data Source	Definition
Physical Activity, Nutrition and Weight (continued)		
Fruit consumption (adults reporting less than one serving per day)	Behavioral Risk Factor Surveillance System	Percentage of adults who consume less than one serving per day of fruits or fruit juice. Data collected in odd numbered years. 2017 data cannot be compared to earlier data for this measure due to questionnaire changes.
Vegetable consumption (adults reporting less than one serving per day)	Behavioral Risk Factor Surveillance System	Percentage of adults who consume less than one serving per day of vegetables. Data collected in odd numbered years. 2017 data cannot be compared to earlier data for this measure due to questionnaire changes.
Fruit and vegetable consumption (high school students reporting five or more a day)	Maine Integrated Youth Health Survey	Percentage of high school students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days. Data collected in odd numbered years.
Fruit and vegetable consumption (middle school students reporting five or more a day)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days. Data collected in odd numbered years.
Soda/sports drink consumption (high school students reporting one or more a day)	Maine Integrated Youth Health Survey	Percentage of high school students who drank at least one can, bottle, or glass of sugar-sweetened beverages per day during the past week. Data collected in odd numbered years.
Soda/sports drink consumption (middle school students reporting one or more a day)	Maine Integrated Youth Health Survey	Percentage of seventh- or eighth-grade students who drank at least one can, bottle, or glass of sugar-sweetened beverages per day during the past week. Data collected in odd numbered years.
Food insecurity	Feeding America: Map the Meal	Percentage of households that lack access, at times, to enough food for an active, healthy life for all household members, or that have limited or uncertain availability of nutritionally adequate food.
Food insecurity (youth)	Feeding America: Map the Meal	Percentage of households that lack access, at times, to enough food for an active, healthy life for all household members or that have limited or uncertain availability of nutritionally adequate food. Youth refers to children under 18.

Indicator	Data Source	Definition
Pregnancy and Birth Outcomes		
Infant deaths per 1,000 live births	Maine CDC. Data, Research, and Vital Statistics. Mortality. Natality. Linked Death and Birth file.	Rate per 1,000 births of babies who died before their first birthday.
Low birth weight (<2500 grams)	Maine CDC. Data, Research, and Vital Statistics. Birth file.	Percentage of babies born with a weight less than 2,500 grams.
Pre-term live births	Maine CDC. Data, Research, and Vital Statistics. Birth file.	Percentage of babies born before 37 weeks of gestation.
Unintended births	Pregnancy Risk Assessment Monitoring System	Percentage of new mothers who reported that they had not wanted to be pregnant at all or wanted to be pregnant later.
Births to 15-19-year olds per 1,000 population	Maine CDC. Data, Research, and Vital Statistics. Birth file.	Rate per 1,000 women, ages 15-19 years, who gave birth.
Adequate prenatal care	Maine CDC, Data, Research, and Vital Statistics. Birth file	Percentage of new mothers who received adequate or adequate plus prenatal care, as determined by the Adequacy of Prenatal Care Utilization Index.
C-sections among low-risk first births	Maine CDC, Data, Research, and Vital Statistics. Birth file.	Percentage of low-risk first births for which a cesarean section was completed.
Smoked during pregnancy	Maine CDC. Data, Research, and Vital Statistics. Birth file.	Percentage of new mothers who smoked cigarettes at any time during pregnancy.
Drank alcohol during pregnancy	Pregnancy Risk Assessment Monitoring System	Percentage of new mothers who drank alcohol during the last three months of pregnancy.
Depression during pregnancy	Pregnancy Risk Assessment Monitoring System	Number of people who self-report depression during pregnancy
Post-partum depression	Pregnancy Risk Assessment Monitoring System	Number of people who self-report depressive symptoms post-partum. Depressive symptoms defined as "always" or "often" feeling down, depressed, or hopeless of having little interest or little pleasure in doing things enjoyed since delivery.
Infants who are ever breast fed	Maine CDC. Data, Research, and Vital Statistics. Birth file.	Percentage of babies who were ever fed breast milk.
Infants who are exclusively breast fed to 6 months	National Immunization Survey	Percentage of babies who were only fed breast milk (no solids, water, or other liquids) from birth to six months of age.
Head Start eligible expectant mothers	CDC Wonder & U.S. Census	The estimated number of expectant mothers who are income eligible for Head Start based on the state fertility rate for Maine and the estimated population of women aged 15-44 living below poverty

Indicator	Data Source	Definition
Children with Special Health Care Needs		
Children with special health care needs	National Survey of Children's Health	<p>Percentage of children, ages 0-17 years, whose parents report that they have a special health care need.</p> <p>To qualify as having special health care needs, the following criteria must be met: a) the child currently experiences a specific consequence (use or need of prescription medication, above average use or need of medical, mental health or educational services, functional limitations compared with others of same age, use or need of specialized therapies (OT, PT, speech, etc.), or treatment or counseling for emotional or developmental problems); b) the consequence is due to a medical or other health condition; and c) the duration or expected duration of the condition is 12 months or longer.</p>
Developmental screening for MaineCare members	MaineCare	Percentage of MaineCare members at ages 0,1, 2 and 3 years who received developmental screening using a parent-completed evidence-based screening tool.
Developmental screening for children	National Survey of Children's Health	Percentage of children, ages 9-35 months, who received developmental screening using a parent-completed screening tool.
Cognitive Health		
Cognitive decline	Behavioral Risk Factor Surveillance System	Percentage of adults, ages 45 and over, who experienced confusion or memory loss that happened more often or got worse within the past 12 months. Data collected in 2012 and then in even numbered years from 2016 on.
Caregiving at least 20 hours per week	Behavioral Risk Factor Surveillance System	Percentage of adults who provided regular care or assistance to a friend or family member who has a health problem or disability for at least 20 hours a week during the past 30 days. Data collected in odd numbered years beginning in 2015.
Arthritis		
Arthritis	Behavioral Risk Factor Surveillance System	Percentage of adults who have been told by a healthcare provider that they have arthritis.

Indicator	Data Source	Definition
Environmental Health		
Children with lead poisoning (estimated)	CLPPP	The percentage of children with a blood lead level ≥ 5 $\mu\text{g}/\text{dL}$ with no prior history of a confirmed blood lead test ≥ 5 $\mu\text{g}/\text{dL}$. Estimated numbers are calculated from the total number of children with a confirmed blood lead test ≥ 5 $\mu\text{g}/\text{dL}$ plus 38% of children with an unconfirmed test 5-<10 $\mu\text{g}/\text{dL}$. The conversion factor of 38% is based on the historically observed percent of unconfirmed test results 5-<10 $\mu\text{g}/\text{dL}$ that have a confirmatory test result ≥ 5 $\mu\text{g}/\text{dL}$. Under Maine law, lead poisoning is defined as having a confirmatory blood lead level at or above 5 micrograms per deciliter ($\mu\text{g}/\text{dL}$). The estimated number of children with lead poisoning is divided by number of children tested for lead poisoning who have no prior history of a confirmed blood lead test ≥ 5 $\mu\text{g}/\text{dL}$. Five-year values are the sum of the estimated number of children with lead poisoning divided by the sum of children tested.
Lead screening among children (ages 12-23 months)	Maine CDC Childhood Lead Poisoning Prevention Unit	Percentage of children, ages 12-23 months, who have had their blood tested for elevated blood lead levels.
Lead screening among children (ages 24-35 months)	Maine CDC Childhood Lead Poisoning Prevention Unit	Percentage of children, ages 24-35 months, who have had their blood tested for elevated blood lead levels.
Adults living in households with private wells tested for arsenic	Behavioral Risk Factor Surveillance System	Percentage of adults who report that their home has a private well and that the well water has been tested for arsenic. This data is weighted to be representative of individuals living in Maine, not households, in order to measure differences in individual level characteristics.
Adults living in households tested for radon	Behavioral Risk Factor Surveillance System	Percentage of adults who report that their household air has been tested for the presence of radon gas. This data is weighted to be representative of individuals living in Maine, not households, in order to measure differences in individual level characteristics.

Indicator	Data Source	Definition
Immunizations		
Two-year-olds up-to-date with recommended immunizations	Maine Immunization Registry (IMMPact)	Percentage of children, ages 19<36 months, who are up-to-date with all recommended immunizations, assessed on December 31 of each year. The 4313314 series of recommended vaccines that are assessed for includes 4 doses for DTap (diphtheria, tetanus and pertussis), 3 doses for IPV (Polio) 1 MMR (Measles Mumps and Rubella), 3 doses for HiB (Haemophilus influenzae type b), 3 doses for Hepatitis B, 1 doses for varicella (Chicken Pox) and 4 doses for PCV (Pneumococcal conjugate). It does not include annual influenza vaccination, or hepatitis A vaccination.
Influenza vaccination in the past year (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in their nose during the past 12 months.
Pneumococcal pneumonia vaccination (adults ages 65+)	Behavioral Risk Factor Surveillance System	Percentage of adults, ages 65 and older, who have ever had a pneumonia vaccine.
Up-to-date COVID vaccinations	US CDC COVID Data Tracker System	Percent of population who are up to date with COVID vaccinations as defined by the U.S. CDC.
Infectious Disease		
Lyme disease new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of Lyme disease.
Gastrointestinal disease new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of the four most common reportable enteric diseases.
Hepatitis A (acute) new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of hepatitis A.
Hepatitis B (acute) new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of acute hepatitis B.
Hepatitis B (chronic) new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of newly reported cases of chronic hepatitis B.
Hepatitis C (acute) new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of acute hepatitis C.
Hepatitis C (chronic) new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of newly reported cases of chronic hepatitis C.
Pertussis new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of pertussis.
Tuberculosis new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of active acute tuberculosis.

Indicator	Data Source	Definition
Infectious Disease (continued)		
Chlamydia new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of chlamydia.
Gonorrhea new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of gonorrhea.
Syphilis new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of new cases of syphilis.
HIV new cases per 100,000 population	Maine Infectious Disease Surveillance System	Rate per 100,000 people of newly diagnosed cases of HIV.
COVID deaths (any of multiple causes) per 100,000/year	CDC Wonder	Age-adjusted rates of deaths where COVID is listed as a factor in the death per 100,000 per year
COVID hospital admissions per 100,000/year	US CDC COVID Data Tracker System	Rate of COVID hospital admissions per 100,000 per year
Unintentional Injury		
Injury deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths due to injuries.
Fall-related deaths (unintentional) per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths due to unintentional falls.
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths due to unintentional motor vehicle crashes.
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths due to poisonings of unintentional and undetermined intent.
Work-related deaths (number)	Maine Dept. of Labor	Number of deaths from work-related injuries.
Fall-related injury (unintentional) emergency department rate per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 people of emergency department discharges with a diagnoses of a fall-related injury.
Traumatic brain injury emergency department rate per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 people of emergency department discharges with a diagnoses of traumatic brain injury.
Always wear seatbelt (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who always wear a seatbelt when riding in a vehicle. Data collected in odd numbered years.

Indicator	Data Source	Definition
Unintentional Injury (continued)		
Always wear seatbelt (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who always wear a seatbelt when riding in a vehicle. Data collected in odd numbered years.
Intentional Injury		
Suicide deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths due to suicide.
Firearm deaths per 100,000 population	Maine CDC. Data, Research, and Vital Statistics. Mortality Data Files.	Rate per 100,000 people of deaths due to firearms, all intents.
Rape/non-consensual sex (among females, lifetime)	Behavioral Risk Factor Surveillance System	Percentage of females who have ever had sex with someone after they said or showed that they didn't want them to or without their consent.
Violence by current or former intimate partners in past 12 months (among females)	Behavioral Risk Factor Surveillance System	The percentage of women ages 18 and older who report that they have experience violence by a current or former intimate partner in the last year.
Intentional self-injury (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who have done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose in the past 6 months. Data collected in odd numbered years.
Intentional self-injury (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose. Data collected in odd numbered years.
Bullying on school property (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who have been bullied on school property in the past 12 months. Data collected in odd numbered years.
Bullying on school property (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who have ever been bullied on school property. Data collected in odd numbered years.
Electronic bullying (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who have been bullied electronically, including through texting, Instagram, Facebook, or other social media. Data collected in odd numbered years.
Electronic bullying (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who have been bullied electronically in the past 12 months. including through texting, Instagram, Facebook, or other social media. Data collected in odd numbered years.
Violent crime rate per 100,000 population	Maine Dept. of Public Safety	Rate per 100,000 people of violent crime offenses. Violent crime is defined as a murder, rape, robbery or aggravated assault.
Nonfatal child maltreatment per 1,000 population	Child Maltreatment Report, US Agency for Children Youth and Families	Rate per 1,000 children, under age 18, of child maltreatment that is a threat to a child's health or welfare.

Indicator	Data Source	Definition
Mental Health		
Depression, current symptoms (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who have current symptoms of depression based on the Patient Health Questionnaire-2 (PHQ-2).
Depression, lifetime	Behavioral Risk Factor Surveillance System	Percentage of adults who have ever been told by a healthcare provider that they have a depressive disorder.
Sad/hopeless for two weeks in a row (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities. Data collected in odd numbered years.
Sad/hopeless for two weeks in a row (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities. Data collected in odd numbered years.
Anxiety, lifetime	Behavioral Risk Factor Surveillance System	Percentage of adults who have ever been told by a healthcare provider that they have an anxiety disorder.
Seriously considered suicide (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who seriously considered attempting suicide during the past 12 months. Data collected in odd numbered years.
Seriously considered suicide (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who ever seriously considered attempting suicide. Data collected in odd numbered years.
Mental health emergency department rate per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 people of emergency department discharges with a principal diagnosis of mental health condition.
Ratio of population to mental health providers	to be added CMS NPI?	Ratio of the population to practicing mental health providers.
Ratio of population to psychiatrists	Health Resources and Services Administration	Ratio of the population to practicing psychiatrists.
Currently receiving outpatient mental health treatment (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who are currently taking medicine or receiving treatment from a doctor for any type of mental health condition or emotional problem.
Children with mental health disorders who receive treatment	National Survey of Children's Health	Percentage of children, ages 3-17 years, who have been diagnosed by a healthcare provider with a mental or behavioral condition who receive treatment.
Ratio of population to practicing dentists	Health Resources and Services Administration	Ratio of population to practicing dentists.

Indicator	Data Source	Definition
Oral Health		
Tooth loss (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who have lost six or more teeth due to tooth decay or gum disease. Data collected in even numbered years.
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 adults with emergency department (ED) visits for dental-related reasons for which good regular dental care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease. ♦Note that included conditions are different for adults than for children.
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 children with emergency department (ED) visits for dental-related reasons for which good regular dental care can potentially prevent the need for hospitalization, or for which early intervention can prevent complications or more severe disease. ♦ Note that included conditions for children are primarily for untreated cavities and are different for adults.
Dentist visits in the past year (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who visited the dentist or a dental clinic for any reason in the past 12 months. Data collected in even numbered years.
Insured children with at least one dental claim	Maine Health Data Organization All Payer Claims Database	Percentage of children and young adults under age 21 who had MaineCare or Commercial insurance for at least 11 out of 12 months with at least one dental claim during the year.
Insured children with at least one preventative dental visit.	Maine Health Data Organization All Payer Claims Database	Percentage of children and young adults under age 21 who had MaineCare or Commercial insurance for at least 11 out of 12 months with at least one claim for a preventative dental service during the year.
Children covered by dental insurance	Maine Health Data Organization All Payer Claims Database	Percentage of children and young adults under age 21 who had MaineCare or Commercial insurance for dental health care for at least 11 out of 12 months during the year.
Dentist visits in the past year (MaineCare members under age 18)	MaineCare	Percentage of MaineCare members, under age 18, who visited the dentist in the past 12 months.
Substance Use		
Overdose deaths per 100,000 population	Maine Office of the Medical Examiner	Rate per 100,000 people of deaths due to a drug overdose.
Drug-induced deaths per 100,000 population	Maine Center for Disease Control and Prevention, Data, Research, and Vital Statistics.	Rate per 100,000 people of deaths for which drugs are the underlying cause, including those attributable to acute poisoning by drugs and those from medical conditions resulting from chronic drug use. Deaths due to alcohol use are excluded.
Alcohol-induced deaths per 100,000 population	Maine Center for Disease Control and Prevention, Data, Research, and Vital Statistics.	Rate per 100,000 people of deaths for which alcohol is the underlying cause, including those attributable to acute alcohol poisoning and those from medical conditions resulting from chronic alcohol use.

Indicator	Data Source	Definition
Substance Use (continued)		
Alcohol-impaired driving deaths per 100,000 population	Maine Dept. of Transportation	Rate per 100,000 population of alcohol-impaired driving fatalities (with a blood alcohol content of .08 or over).
Drug-affected infant reports per 1,000 births	Maine Automated Child Welfare Information System (Maine Office of Child and Family Services)	Rate per 1,000 births of infants for which a healthcare provider reported that there was reasonable cause to suspect the baby may be affected by illegal substance abuse or demonstrating withdrawal symptoms resulting from prenatal drug exposure or has a fetal alcohol spectrum disorder.
Chronic heavy drinking (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who drink more than two drinks per day for men or more than one drink per day for women.
Past-30-day alcohol use (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who had at least one drink of alcohol on at least one day in the past 30 days. Data collected in odd numbered years.
Past-30-day alcohol use (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who had at least one drink of alcohol on at least one day in the past 30 days. Data collected in odd numbered years.
Binge drinking (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who had five or more drinks on at least one occasion for men or four or more drinks on at least one occasion for women in the past 30 days.
Binge drinking (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who had five or more alcoholic drinks on at least one day in the last 30 days. Data collected in odd numbered years.
Binge drinking (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who had five or more alcoholic drinks in a row on at least one day in the last 30 days. Data collected in odd numbered years.
Past-30-day marijuana use (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who used marijuana during the past 30 days.
Past-30-day marijuana use (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who used marijuana at least one time in the last 30 days. Data collected in odd numbered years.
Past-30-day marijuana use (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who used marijuana at least one time in the last 30 days. Data collected in odd numbered years.
Past-30-day misuse of prescription drugs (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who used prescription drugs that were either not prescribed and/or not used as prescribed in order to get high at least once within the past 30 days.
Past-30-day misuse of prescription drugs (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who used a prescription drug without a doctor's prescription at least one time in the last 30 days. Data collected in odd numbered years.

Indicator	Data Source	Definition
Substance Use (continued)		
Past-30-day misuse of prescription drugs (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who used a prescription drug without a doctor's prescription at least one time in the last 30 days. Data collected in odd numbered years.
Lifetime illicit drug use (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who have ever used illicit drugs (cocaine, heroin, methamphetamines, ecstasy, and/or synthetic marijuana). Hallucinogenic drugs are excluded. Data collected in odd numbered years.
Narcotic doses dispensed per capita by retail pharmacies	Prescription Monitoring Program	Narcotic doses dispensed per capita by retail pharmacies. This excludes doses dispensed in other health care settings such as ambulatory health care offices, emergency rooms and hospitals.
Adults who needed treatment for substance use in the past year	National Survey on Drug Use and Health	Percentage of individuals 18 and older who needed treatment for substance use during the past 12 months.
Adults who needed and did not receive treatment for substance use	National Survey on Drug Use and Health	Percentage of individuals 18 and older who needed but did not receive treatment for substance use during the past 12 months.
Overdose emergency medical service responses per 10,000 population	Maine Emergency Medical Services	Rate per 10,000 population of overdose emergency medical service responses, including overdoses from drugs, medications, alcohol, and inhalants.
Opiate poisoning emergency department rate per 10,000 population	Maine Health Data Organization's Hospital Inpatient and Outpatient Data Sets	Rate per 10,000 population of emergency department discharges with a principal diagnosis of opiate poisoning.
Opiate poisoning hospitalizations per 10,000 population (ICD-10)	Maine Health Data Organization's Hospital Inpatient Data Sets	Rate per 10,000 population of hospital discharges with a principal diagnosis of opiate poisoning.
Tobacco Use		
Current cigarette smoking (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who have smoked at least 100 cigarettes in their lifetime and currently smoke either every day or some days.
Past-30-day cigarette smoking (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who smoked cigarettes on at least one day in the past 30 days. Data collected in odd numbered years.
Past-30-day cigarette smoking (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who smoked cigarettes on at least one day in the past 30 days. Data collected in odd numbered years.
Past-30-day tobacco use (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days. Data collected in odd numbered years.

Indicator	Data Source	Definition
Tobacco Use (continued)		
Past-30-day tobacco use (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days. Data collected in odd numbered years.
Current E-cigarette use (adults)	Behavioral Risk Factor Surveillance System	Percentage of adults who currently use electronic "vaping" products every day or some days.
Past-30-day use of vaping products (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who used an electronic vapor product at least one day in the last 30 days. Data collected in odd numbered years.
Past-30-day use of vaping products (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who used an electronic vapor product at least one day in the last 30 days. Data collected in odd numbered years.
Environmental tobacco smoke exposure (high school students)	Maine Integrated Youth Health Survey	Percentage of high school students who were in the same room with someone who was smoking cigarettes at least one day during the past seven days. Data collected in odd numbered years.
Environmental tobacco smoke exposure (middle school students)	Maine Integrated Youth Health Survey	Percentage of seventh- and eighth-grade students who were in the same room with someone who was smoking cigarettes at least one day during the past seven days. Data collected in odd numbered years.
Maine QuitLink Users	Center for Tobacco Independence	Percentage of current adult smokers who received treatment services (counseling and/or nicotine replacement therapy) from the Maine QuitLink (Formerly the Maine Tobacco Help Line)
Multivariate Indicators		
Percent of population w/disability by type	US Census Bureau, American Community Survey	Percent of population with a disability by county by type (Hearing Difficulty, Vision Difficulty, Cognitive Difficulty, Ambulatory Difficulty, Self-care Difficulty, and Independent Living Difficulty)
Children with disabilities by type	US Census Bureau, American Community Survey	Percent of population with a disability by county by type (Hearing Difficulty, Vision Difficulty, Cognitive Difficulty, Ambulatory Difficulty, and Self-care Difficulty)
Languages spoken by language category	US Census Bureau, American Community Survey	Percentage of people ages 5 years and over by the primary language spoken at home, by language region
Languages spoken by specific language	US Census Bureau, American Community Survey.	Percentage of people ages 5 years and over by the primary language spoken at home, by specific language
Percentage of households by income groups	US Census Bureau, American Community Survey	Percentage of households earning various levels of income. Income groups are based on income received on a regular basis before payments for taxes, social security, etc. and does not reflect non-cash benefits
Number of vehicles for household owners and renters	US Census Bureau, American Community Survey	Vehicle ownership per household is the total number of vehicles divided by the total number of households. Immobile vehicles, motorcycles, and other recreational vehicles are excluded.

Indicator	Data Source	Definition
Multivariate Indicators		
Commute by transportation type	US Census Bureau, American Community Survey	Among workers ages 16 and older, the percentage who commute to work using various modes of transportation, including [air, rail, water, road and pipeline]
Employment by Industry and Occupation	US Census Bureau, American Community Survey	Among workers ages 16 and older, the percentage who work in various industries and occupations. Industry is the type of activity at a person's place of work; occupation is the kind of work a person does to earn a living; and class of worker categorizes people according to the type of ownership of the employing organization.
Heating fuel type	US Census Bureau, American Community Survey	The percentage of households by the type of fuel that is used most for heating the house, apartment, or mobile home
Households by type of head of household	US Census Bureau, American Community Survey	Percentage of households by type of head of household, including married or cohabitating couples and single heads of households
Leading causes of death	National Center for Health Statistics, US CDC	List of the causes of death that are the most frequent in the population, based on the number of deaths, sorted from highest to lowest frequency.
Leading causes of years of potential life lost	National Center for Health Statistics, US CDC	List of the causes of death with the highest values of years of potential life lost (YPLL), sorted from highest to lowest YPLL. YPLL is calculated by subtracting the age at which a person died from 75. The difference in years (of potential life lost) for all those who died before age 75 is added together.